

# NAS Fallon Nevada Desert Views

QUALITY OF LIFE PROGRAMS



Great Navy  
**Camp Out!**

PAGE 5

**Summer Movie Events**

at Desert Moon Theater

PAGE 3

**Captain's Cup Events**

PAGE 10

Brush Up on your  
**Bowling Skills!**

PAGE 11

NAS Fallon  
**Car & Motorcycle Show**

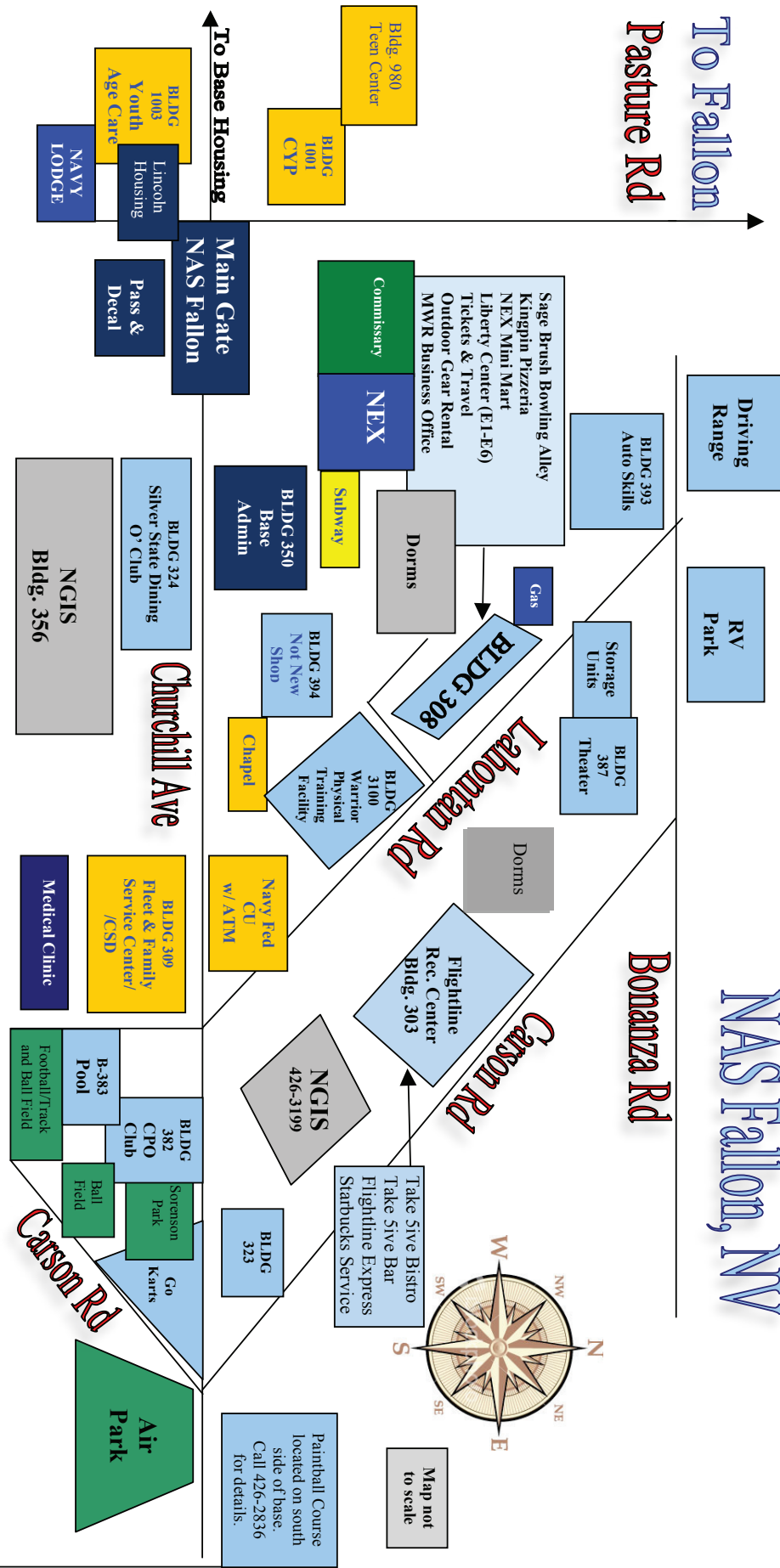
PAGE 11

**Paint & Sip**

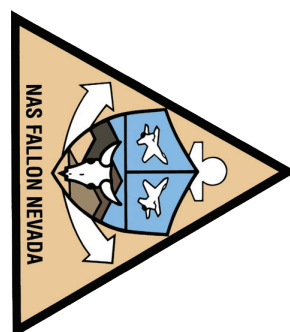
PAGE 5

**Liberty Video Game Tournaments**

PAGE 6



No Smoking within 50 Feet of any MWR Facility.





## NAVAL AIR STATION FALLON DIRECTORY

On base, dial last four of phone number only.

Area Code .....775  
DSN .....890

### MORALE, WELFARE & RECREATION (MWR)

Administration .....426-2550  
Athletic Field Reservations..... 426-2251  
Auto Skills.....426-2836/2575  
Auto/RV Storage .....426-2836  
Bowling Center (Sagebrush Bowl)..... 426-2451  
Community Recreation Programs.....426-2836  
Fitness Center .....426-2251  
Gear Rental.....426-2836  
Golf Driving Range.....426-2251  
Human Resources.....426-2867  
Tickets & Travel .....426-2275  
Community Rec Center/  
Liberty Events .....426-2836  
Lock & Leave Storage .....426-2836  
Desert Moon Theater  
(Movie Recording).....426-2552  
Desert Moon Theater.....426-2580  
Picnic Area Reservations,  
Sorenson Park .....426-2251  
Pool, Desert Springs Indoor Pool.....426-2791  
RV Park (check-in at NGIS,  
1-877-NAVY-BED for reservations)..... 426-3199  
RV & Auto Storage.....426-2836  
Warrior Physical Training Facility...426-2251/2949

### CHILD & YOUTH PROGRAMS

Child Development Center .....426-3808  
Child Development Home .....423-0220  
School Liaison Officer .....240-4160  
Youth Activities Center .....426-3777

### DINING SERVICES

Banquet & Catering, Silver State  
Officer's Club .....426-2625  
KingPin Pizzeria.....426-2454  
Take Sive Bistro .....426-2445/2449  
Take Sive Bar .....426-2484/4000  
Sage & Sand CPO Club .....423-4899  
Silver State Officer's Club .....426-2625

### FLEET AND FAMILY SUPPORT PROGRAMS

Fleet & Family Support Center ..... 426-3333

### HOUSING PROGRAMS

Family Housing.....426-2809  
Navy Gateway Inns & Suites.....909-4902  
Navy Lodge.....426-2818

### NAVY EXCHANGE/COMMISSARY

Navy Exchange.....426-2682  
Commissary.....426-3420/2263



### Naval Air Station Fallon Nevada FLEET & FAMILY READINESS

CAPT EVAN L. MORRISON  
Commanding Officer

MARSHALL W. CHASTAIN  
Executive Officer

CMDCM (AW/SW)  
ISAIAH N. MARAUTA  
Command Master Chief

MR. TERRY YORK  
Fleet & Family Readiness Director

MRS. YVONNE BIVENS  
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FFR Department  
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Desert Views is a quarterly publication of the Fleet & Family Readiness Programs at NAS Fallon. Information may be subject to change without notice. Advertisements or listings in this publication do not express or imply the endorsement of commercial sponsors, businesses, or products by the Navy or any other part of the Federal Government.

For advertising and sponsorship information, contact Yvonne Bivens at yvonne.bivens@navy.mil

**FLIGHTLINE**  
RECREATION CENTER

**TAKE FIVE**  
BISTRO & BAR  
BURGERS, SANDWICHES,  
SALADS & RIK MENU

**THE PROUDLY SERVE**  
STARBUCKS

**NAS Fallon, Bldg. 303**  
For More Information: 775-426-2445

**The perfect spot to gather, eat, socialize, or just relax - for All Hands, all in one place!**

## Auto Skills

Bldg 393 • 775-426-2836

Mechanic available Mon, Wed, Fri 11 am-7 pm, first come, first served, no appointment necessary. Closed weekends and holidays.

MWR Auto Skills offers a range of services for “do-it yourself” types, as well as advice and assistance related to your various automotive needs. An on-site mechanic is available, by appointment, for assistance. We have four bays with three lifts, tire repair and balancing, and brake repair tools. Other equipment is also available for customers to use for minor or major repairs.

### Got Auto Skills? Classes:

Classes held at the MWR Auto Skills Center. Cost is \$3/Customer. Open to All Hands. Registration is required. Call Auto Skills Center 775-426-2575 to reserve your spot.

### Engine Tune up Class

**Wed, July 17, 11 am-Noon** - In this class, customers and their families will learn the steps needed to ensure that their vehicle runs and operates correctly, beginning with the “Tune-Up”. Tune-ups include an oil change, checking plugs and wires, and coil packs if needed. This is an introductory class, customers are asked to bring any replacement parts needed with them for the class. If you are unsure, stop on by a few days prior to the class date and talk to our mechanic for guidance.

### Car Stereo Installation Class

**Wed, Sep 18, 11 am-Noon** - Now that you

have the car stereo of your dreams, we'll teach you the best method for installation to get the most enjoyment from your new system. We greatly encourage that customers bring their new stereo system and vehicle.

**Sell Your Car Here!** “Wheels and Deals” now available for selling your autos, RVs, etc. For information and the regulations, stop at the Auto Hobby Shop, Bldg 393, or call 775-426-2575/2836.

## Sagebrush Bowling Center

Bldg 308 • 775-426-2451

Regular Open Daily 11 am-9 pm

Kingpin Pizzeria 775-426-2454

Located inside the Bowling Center

See page 3 for details.

NAS Fallon Bowling Center features 12 lanes with computerized scoring, television monitors, pool tables and Cosmic Bowling. Plus, enjoy two big-screen TVs, and test your skills on our pinball machine. All 12 scoring monitors can perform double-duty as TVs, and have actual TV monitors in-between them. This means you'll be able to track your favorite teams, while watching your own game. Ask us about Family Deal Packages available at very reasonable rates!

### Youth Summer Bowling

**June-August 2019** - Kids under 13 bowl free (1 child per paying adult). Come out and enjoy your summer bowling

### Single Sailor Bowling Skills Development

**Fri, Aug 9, 4-6 pm** - Develop your bowling skills for a \$1 per game.

### Sock-Hop Bowling

**Sat, Aug 10, 5-9pm**

Wear your best 50's attire and enjoy an evening of bowling. One Free game awarded to the best dressed participant!

### Active Duty Lunch Time League

**Mon-Fri in Sep, 11 am-1 pm, Free**

During the month of September, Active Duty can bowl 3 games per week for your individual league against all other Active Duty Personnel.

### Bowling Membership Card!

Bowl 11 games, get one game FREE!

**Primetime Bowling every Friday and Saturday night** after 6 pm. Bowl for just \$3/game, Active Duty bowl for \$2.50/game during this time. Come check out our light up bowling balls!

### Children's Birthday Party Specials!

Have your child's birthday party here! Call 775-426-2451 for pricing.



## NAS FALLON CAR & MOTORCYCLE SHOW

**Saturday, Sep 14, 11 am-1 pm, Sorenson Park**  
Participant registration deadline is 4 pm, 9/11. Open to all hands

A fun filled event for all NAS Fallon eligible customers. Customers will enjoy music, games, Go-Kart rides and food. Trophies awarded by event participant votes for 1st & 2nd Place “Best of Show.” Registration is limited to vehicle owners with NAS Fallon base access. Registration can be completed at the Community Recreation Center, Bldg. 308 during operational hours. Vehicle owners must have NAS Fallon base access, a valid driver's license, and be over the age of 16. Vehicles of all makes and models are welcome.

**\$5 for Go-karts / \$5 Meal Ticket / \$8 for Go-karts + meal ticket Combo**





## Warrior Physical Training Facility

Bldg 3100 • 775-426-2251 /2949  
(located behind Navy Federal)



Mon-Fri 5 am-9 pm  
Sat 9 am-3 pm • Sun 9 am-1 pm  
Holidays 9 am-1 pm

The Warrior Physical Training Facility is a state-of-the-art fitness complex that has everything you would want in a training facility, and more. We have one large aerobic room that allows us to offer more group classes. We also have a Rogue fitness room. All fitness classes are free to eligible

customers with access to the facility. Plus, a new fitness area is available outside the Warrior Physical Training Facility. Access to the equipment key is at the front desk.

**Personal Training** available.  
Call for more information.

**Warrior Fitness Club.** Join and earn rewards after completing miles through running, biking, elliptical usage or triathlon participation. Rewards include:

- 50 miles = Coin
- 100 miles = Towel
- 250 miles = T-Shirt
- 500 miles = Long Sleeved T-Shirt
- 1,000 miles = Fleece or Windbreaker

For every half-hour played of any organized team sport (Captain's Cup or Intramural) you'll earn 1 Club point. For every half-mile run during one of our organized runs, you will earn 1 Club point.

**Have family visiting?** Membership cards are available for visiting family members of Active Duty Sailors. \$3 for each visit or you can purchase a membership card for \$25. Ask for details.

**NOFFS Class**  
Thursdays, 6:30 am

**Command PT/FEP**  
Mondays and Wednesdays 3:30 pm

## Desert Springs Pool

Bldg 383 • 775-426-2791



**Lap Swim:**

Mon & Fri 11 am-1 pm only  
Tues, Wed & Thu 6-8 am & 11 am-1 pm

**Lap/Open Swim:**

Tue-Thu 2-6 pm & Sat/Sun 1-6 pm

Check out our work out area at the pool! Come play on our water inflatables. Ask us about CPR/First Aid and AED Classes. The Pool is available for parties. Call for pricing.



**Water inflatables available on weekends!**

## NAS Fallon Go-Kart Track

(Next to Sorenson Park). Open seasonally.  
Call 426-2836 for information.



Sign up by: 9/3, Coaches Meeting: 9/10, 1 pm

**Adult Swim/Stroke Progression Class** - Wed, Sep 11, 5-6 pm, Free  
Open to All Hands. All levels welcome.

**Captains Cup Dodgeball Tournament** - Thu, Sep 19, 5:30 pm  
Sign up by: 9/13, Coaches Meeting: 9/19, 1 pm

**Blood Drive & Health Fair**  
Thu, Sep 26, 10 am-2 pm, Free  
Warrior Fitness, Open to All Hands  
Donate blood. Bring 3 people from your command with you and receive 25 Captains Cup Points for your command!

**Captain's Cup Aquathon**  
Fri, Aug 30, 6:30 am  
Run 2.5 K, Swim 1K, Run 2.5 K  
Sign up at the pool

**Family Fitness: Learn to Paddleboard** - Thu, Jul 25, 4 pm

**Mission Nutrition Seminar**  
Tue & Wed, Aug 13 & 14, 8 am-4 pm  
Multi-Purpose Room, Bldg. 77

**Swim with Sailors/EOD**  
Wed, Aug 21, 5-6 pm

**Captain's Cup Ultimate Frisbee 7x7 League**

Every Tuesday beginning Sep 3, 5:30 pm  
Sign up by: 8/20, Coaches Meeting: 8/27, 1 pm

**Captain's Cup 7x7 Flag Football**  
Every Monday & Wednesday beginning Wed, Sep 4, 5:30 pm, Sign up by: 8/16, Coaches Meeting: 8/23, 1 pm

**Captain's Cup Women's Bowling Tournament** - Sat, Sep 10, 5:30 pm

## CAPTAIN'S CUP EVENTS

To sign up for captains Cup Events, submit a roster to the Warrior Fitness Front Desk. Earn Captains Cup Points for your command. Participants must be over 18, out of high school and attached to a command

**Beat the Trainer Challenge: Climbing**

Fri, Jul 1, 6:30 am-9 pm, Free  
Warrior Fitness, Open to All Hands  
See if you can climb more vertical feet than the trainer.

**Hawaiian Run**

Fri, Jul 12, 6:30 am, Free  
Warrior Fitness, Open to All Hands  
Wear your favorite Hawaiian shirt.  
Prizes: 1st Place for best shirt, 1st Place for fastest male and fastest female

**Captain's Cup Wibit Relay Race**  
Wed Jul 17, 5 pm, Sign up by 7/16



## Silver State Club

775-426-2625 • Bldg 324  
(across from Admin Bldg)

**All hands Mongolian BBQ** served monthly.

**Officer Club Bar**

**Regular Hours:** Mon-Thu 4-9 pm, Fri 3-9 pm, Weekends by Request.

Bar Menu available after 4 pm.

**Extended Hours:** Mon-Thu 4 pm-Midnight, Fri 3 pm-Midnight, Weekends by Request. Bar Menu available after 4 pm.

## Catering

775-426-2625  
located inside the Silver State Club. For all your catering needs, call 775-426-2625.

## Sand & Sage CPO Club

775-423-4899 • Bldg 382 (across from the Flightline Rec Center)  
Mon-Wed Closed / Thu-Fri 3-6 pm  
Sat-Sun open by request only  
Additional hours available upon request.  
Call x2841 for more information.

## Kingpin Pizzeria

775-426-2454

Located inside the Bowling Center

Daily 11 am-9 pm  
Delicious Pizza, Sandwiches & more!  
Come check out our extended menu!

**Delivery Available**  
DAILY on base and in housing 4 pm-Close  
\$10 minimum for delivery.



## Flightline Recreation Center

All hands Recreation Center offering several large-screen TVs including a 103" TV for sporting events, as well as games, computer and gaming centers, free Wi-Fi, and much, much more! Stop in for a cup of Starbucks coffee and see what the Center is all about.

## Flightline Express

Bldg. 303 • Located inside Flightline Recreation Center

*Offering Cafeteria Style Meals and RIK Menu*

**Regular Hours:**

Breakfast: Mon-Fri 6:30-8 am Lunch: Mon-Fri 10:30 am-1 pm

Dinner: Mon-Fri 4 pm-6 pm

Weekends: Closed

Brunch: Sat-Sun 10 am-1 pm

**Extended Hours:**

Breakfast: Mon-Fri 6-8:30 am

Lunch: Mon-Fri 10:30 am-1:30 pm

Dinner: 4-7 pm

Weekend Brunch: 9 am -1 pm

## Take Five Bistro & Bar

Bldg. 303 (Located inside Flightline Recreation Center)

Restaurant: 775-426-2445

Bar: 775-426-2484

Open Daily 6 am-7 pm

*Burgers, Sandwiches, Salads and RIK Menu*

The Bistro & Bar features:

- Lunch menus of specialty sandwiches, burgers and salads. All sandwiches served on white or wheat bread, and as wraps with choice of a spinach or chipotle tortilla.
- Daily meal specials are available. Plus, make any sandwich a combo with chips or fries and a fountain drink for an additional \$1.75.
- RIK meals available for breakfast, lunch and dinner daily.
- Breakfast items served 6-10 am.

**"Home of the \$5.95 Meal"** Sandwich specials, foot-long hot dogs and specialty burgers!



## Desert Moon Theater

775-426-2580 • Bldg 387

FREE movies! Two Shows Daily  
Closed Mon-Tue

Call 775-426-2552 or go online to [www.navylifefw.com](http://www.navylifefw.com) for current movie listings. Schedule subject to change.



Visual/ hearing impaired equipment is available

Movies available in 2D and 3D! Plus, the Desert Moon Theater offers kid-friendly afternoon matinees during school break. Watch for current special events and sneak previews. Did you know you could have your child's birthday party with us? Give us a call 775-426-2580 to discuss pricing.

**Toy Story 4 Premiere Family Night Event\***

Saturday, July 27, 4:30-5:30 pm

Desert Moon Theater, Free

Toy Story themed games, craft, and kid's trivia before the premiere of "Toy Story 4" at 6 pm. Also, pizza slices will be available for purchase. Open to All Hands.  
\*Subject to movie availability.

**Spider-Man Far from Home Movie Premiere and Trivia\***

Friday, Aug 2, 5:45 pm

Desert Moon Theater, Free.

Spider-Man trivia with prizes. Movie starts at 6 pm. Open to All Hands.  
\*Subject to movie availability.

**The Angry Birds Movie 2\* Event**  
Sunday, Sep 15, 1 pm

Desert Moon Theater, Free.

Angry Birds themed games start at 1 pm. Movie starts at 2:30 pm. \*Subject to movie availability.

**Membership Cards** available. Join us for five movies and the purchase of a concession item during each visit within one month and receive a FREE medium popcorn, and a FREE medium drink!

\*Movies TBD. Call the theater or check [www.navylifefw.com](http://www.navylifefw.com) for details.







**Bldg 308 • 775- 426-2836**  
Mon-Fri 10 am- 7 pm / Sat/Sun 11 am-7 pm  
Holidays 1 pm- 7 pm

**Like us on Facebook at Naval Air Station Fallon Fleet & Family Readiness Programs to keep updated on all Community Support Program information and events!**

The Community Recreation Center is Open to all hands. It's a great place to relax, play games, watch TV or hang with your friends. Enjoy a comfortable living room area with a big-screen TV, computers, and Wi-Fi access. Plus, there's a mini theater, pool tables, Xboxes, PlayStations, darts, ping pong, and a paperback book exchange. Ask the desk

for information on current and upcoming community events.

*Customers under 18 must be accompanied by an adult in the Center and at all events.*

**UPCOMING EVENTS:** *Open to all hands, and FREE, unless noted otherwise.*

#### Soap Making Class

**Wed, Jul 17, 5-7 pm**

**Community Recreation Center, Free.**

Learn how to make your own soap! Sign up ahead of time at the Community Recreation Center. Space is limited.

#### Angry Birds Competition

**Fri, Jul 19, 4-6 pm**

**Community Recreation Center, Free.**

Play angry birds on our big screen. Compete to win prizes. Sign up ahead of time at the Community Recreation Center.

#### How to Geo Cache

**Wed, Jul 24, 5-7 pm**

**Community Recreation Center, Free.**

Learn how to geo cache from our experts. This class will highlight the Summer

Reading Program as well talking about elements from the DIY book about geocaching. Sign up ahead of time at the Community Recreation Center.

#### Wizarding World of Harry Potter

**Thu, Jul 25, 4-6 pm**

**Community Recreation Center, Free.**

Celebrate the halfway mark of the Summer Reading Program with a Harry Potter themed celebration. See your progress, and enjoy fun games and treats from the magical wizard world. Sign up ahead of time at the Community Recreation Center.

#### Animal Ark Tour and Cheetah Run

**Sat, Jul 27, Depart at 1:30 pm, Return by approx. 8:30 pm,**

**Animal Ark, Reno NV, Transportation Cost: \$25/person (age 17+), \$20/Children (age 8-16), \$15/Liberty Customers, Sign up by 7/26, 4 pm**

Celebrate America's birthday month at Animal Ark and enjoy yourself with an incredible experience: Watch these magnificent cats running with extraordinary



**Extend Your Weekend!**

Summer is the perfect time to treat yourself to a long weekend. Navy Gateway Inns & Suites is ready for you!

With 24,000 guest rooms worldwide, NGIS offers:

- Affordable rates
- Professionally managed, comfortable accommodations
- The amenities of commercial hotels
- A welcoming atmosphere and stellar customer service

**We Welcome:**

- Active duty and retired military, reservists and DoD employees
- Business/TDY guests on official travel
- Space-available/leisure travelers
- Sponsored friends and families (no orders required)

**HEROES STAY WITH US!**

Creating comfortable guest services for those we serve: **Today and Tomorrow!**

**Stay with us... make your reservation now!**

Call 1-877-NAVY-BED (628-9233) or visit <http://ngis.dodlodging.net>

You can also find us by scanning this code with your smartphone.

**Amenities include:**

- Internet Access
- Premium Cable TV
- Microwave
- Refrigerator
- Coffee
- Newspapers
- Housekeeping
- Guest Laundry

**Desert Views Magazine**

**Snap & Go**

See It, Snap It, Share It...



- Crisis counseling and support groups
- Family Advocacy Program
- Domestic Abuse Victim Advocates

#### CAREER AND TRANSITION GOALS, PLANS, SUCCESS (TGPS) SERVICES

Resources for career planning:

- TGPS seminars and CAPSTONE events
- Instructional Tracks including: Career Technical Training Track, Entrepreneurial Track and Accessing Higher Education Track

#### SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR) – see ad

Prevention education and support for victims of sexual assault:

- Response and support for victims of sexual assault
- Commander toolkit training
- Sexual assault prevention & response
- Military and community resources

#### NAVY GOLD STAR PROGRAM

Support and commitment to the families of service members who have died while on active duty:

- Serve as advocates for surviving family members providing information about benefits and resources

- Connect survivors with each other and the Navy by coordinating events throughout the year

#### COMMAND OMBUDSMAN SUPPORT

Training for command leadership/ombudsman:

- Command Representative program

- Ready Navy/Crisis Intervention/Disaster Preparedness
- Ombudsman training and support
- Customized command briefs on a wide range of topics
- Command Leadership Resource Training
- Leadership spouse training

**WANT TO WORK FOR ANY OF THE FACILITIES LISTED IN THIS MAGAZINE?**

**Apply today!**

**HUMAN RESOURCES**  
**775-426-2867**  
Mon-Fri: 7:30 am-4 pm

Visit: <http://navylifesw.com/fallon/about/jobs/> for a complete list of opportunities. Once there, click on the job you are interested in to see the details. Then simply click on the link for more information and we will contact you.

Job Search & Networking  
Tue, Aug 13, 9 am-Noon

SAPR VA Training  
Tue, Aug 13, 9-11 am

Resume Writing  
Wed, Aug 14, 9 am-Noon

Creative Self-Care Workshop  
Wed, Aug 14, 4-5 pm

Emergency Prep: Fire Safety  
Thu, Aug 15, 2-3:30 pm

SAPR VA Training  
Fri, Aug 16, 9-11 am  
Effective Communication  
Mon, Aug 19, Noon-1 pm

Entrepreneur  
Wed, Aug 21 through Thu, Aug 22, 8 am-4 pm

Creative Self-Care Workshop  
Wed, Aug 21, 4-5 pm

Sailors on the Move  
Thu, Aug 22, 1-3 pm

SAPR VA Training  
Tue, Aug 27, 9-11 am

Creative Self-Care Workshop  
Wed, Aug 28, 4-5 pm

**SEPTEMBER:**  
Sponsorship Training and Certification  
Tue, Sep 3, 9 am-Noon

SAPR VA Training  
Tue, Sep 3, 9-11 am

Accessing Higher Education  
Wed, Sep 4-Thu Sep 5, 8 am-4 pm

Creative Self-Care Workshop  
Wed, Sep 4, 4-5 pm

Parenting Tips Ages 0-5  
Thu, Sep 5, 2-3:30 pm

SAPR VA Initial Training  
Mon, Sep 9-Fri, Sep 13, 7:30 am-4 pm

Foreign Spouse Group Potluck  
Mon, Sep 9, Noon-1 pm  
Federal Employment Process  
Tue, Sep 10, 9 am-Noon

Anger Management  
Tue, Sep 10, 2-3:30 pm

Interview Skills  
Wed, Sep 11, 9 am-Noon

Creative Self-Care Workshop  
Wed, Sep 11, 4-5 pm

Life Skills: Stress Management  
Thu, Sep 12, Noon-1 pm

TGPS (Transition, Goals, Plans, Success)  
Mon, Sep 16-Fri, Sep 20, 8 am-4 pm

Navy Spouse 101  
Mon, Sep 16, 1-2 pm

SAPR VA Training  
Tue, Sep 17, 9-11 am

Spouse and Family Sponsorship Training  
Wed, Sep 18, 1-3 pm

Creative Self-Care Workshop  
Wed, Sep 18, 4-5 pm

Emergency Prep: National Preparedness Month  
Thu, Sep 19, 2-3:30 pm

Resilience Building  
Mon, Sep 23, Noon-1 pm

Group CAPSTONE  
Tue, Sep 24, 9 am-1 pm

SAPR VA Training  
Wed, Sep 25, 9-11 am

Creative Self-Care Workshop  
Wednesday, Sep 25, 4-5 pm

Sailors on the Move  
Thursday, Sep 26, 1-3 pm





775-426-3333 • Bldg. 309  
FFSC\_Fallon@navy.mil  
Mon-Fri 7:30 am-4 pm

For clinical counseling, relocation assistance and financial readiness, Fleet & Family Support Center provides consultations, as well as offering a wide variety of classes to assist you with every aspect of Navy life.

Classes include Welcome Aboard, New Spouse Orientation, Ombudsman Orientation, Stress Management, Smooth Move, Teen Work Skills, Resume Writing and Job Skills, Emergency Preparation and much, much more. Stop by to see all we have to offer you. We're always here to help in any way possible.

#### DEPLOYMENT SUPPORT

Resources and assistance during all cycles of the deployment process:

- Individual Augmentee family support
- Mid-deployment support
- Navy Family Accountability and Assessment System (NFAAS) support

#### INFORMATION AND REFERRAL/RELOCATION ASSISTANCE

Wide range of local community resources and assistance relocating to and from various duty stations:

- New spouse workshops
- Military and civilian community resources
- Active duty pregnancy resources
- Worldwide relocation information
- Transferring workshops
- Sponsor Coordinator and Sponsor training
- Welcome aboard packages

#### LIFE SKILLS PROGRAMS

A variety of workshops and resources to help service members and families develop skills to enhance interpersonal relations:

- Communication & conflict resolution
- Stress and anger management workshops

- Parenting workshops
- Suicide prevention briefs
- Operational stress control training

#### FAMILY MEMBER EMPLOYMENT

Resources for career planning:

- Individual career counseling and resume assistance
- Federal and civilian job search strategies
- Employment resource center and job postings

#### PERSONAL FINANCIAL MANAGEMENT

Wide range of resources to help military service members and families manage their money:

- Individual financial counseling
- Personal financial management workshops
- Home buying and car buying seminars
- Million Dollar Sailor/Spouse workshop
- Command Financial Specialist (CFS) Training

#### COUNSELING SERVICES

Short-term, solution-focused counseling and resources for military life challenges:

- Individual couple, family and child counseling

## UPCOMING FFSC CLASSES

### JULY:

Foreign Spouse Group Potluck  
Mon, Jul 1, Noon-1 pm

Parenting Tips Ages 6-12  
Wed, Jul 3, 2-3:30 pm

Creative Self-Care Workshop  
Wed, Jul 3, 4-5 pm

Navy Spouse 101  
Mon, Jul 8, 1-2 pm

SAPR VA Training  
Tue, Jul 9, 9-11 am

Sponsorship Training and Certification  
Tue, Jul 9, 9 am-Noon

CFS Quarterly Meeting  
Tue, Jul 9, 2-4 pm

Anger Management  
Tue, Jul 9, 2-3:30 pm

Christmas in July  
Wed, Jul 10, 1-3 pm

Creative Self-Care Workshop  
Wed, Jul 10, 4-5 pm

Life Skills: Stress Management  
Thu, Jul 11, Noon-1 pm

TGPS (Transition, Goals, Plans, Success)  
Mon, Jul 15 through Fri, Jul 19, 8 am-4 pm

Organize Your Life  
Mon, Jul 15, Noon-1 pm

Federal Employment Process  
Tue, Jul 16, 9 am-Noon

Interview Skills  
Wed, Jul 17, 9 am-Noon

Creative Self-Care Workshop  
Wed, Jul 17, 4-5 pm

Emergency Prep: EFAC  
Thu, Jul 18, 2-3:30 pm  
an emergency.

CFS Initial Training  
(Command Financial Specialist)  
Mon, Jul 22-Fri, Jul 26, 8 am-4 pm

SAPR VA Training  
Tue, Jul 23, 9-11 am

Spouse and Family  
Sponsorship Training  
Wed, Jul 24, 1-3 pm

Creative Self-Care Workshop  
Wed, Jul 24, 4-5 pm

Sailors on the Move  
Thu, Jul 25, 1-3 pm

Consumer Awareness  
Tue, Jul 30, 2-4 pm

Creative Self-Care Workshop  
Wed, Jul 31, 4-5 pm

### AUGUST:

Parenting Tips Ages 13+  
Thu, Aug 1, 2-3:30 pm

Navy Spouse 101  
Mon, Aug 5, 1-2 pm

Sponsorship Training and Certification  
Tue, Aug 6, 9 am-Noon

New Spouse Orientation  
Tue, Aug 6, 10-11 am

Anger Management  
Tue, Aug 6, 2-3:30 pm

CEPT (Career Exploration & Planning Track)  
Wed, Aug 7-Thu, Aug 8,  
8 am-4 pm

Spouse and Family Sponsorship Training  
Wed, Aug 7, 1-3 pm

Creative Self-Care Workshop  
Wed, Aug 7, 4-5 pm

Life Skills: Stress Management  
Thu, Aug 8, Noon-1 pm

TGPS (Transition, Goals, Plans, Success)  
Mon, Aug 12-Fri, Aug 16,  
8 am-4 pm

speed, off-leash, across the desert in pursuit of an enticing lure. Photo Blinds are available for \$60 at the Animal Ark (must make a prior reservation). Children must be at least 8 years old to attend.

#### 2019 Great Navy Campout

Fri, Aug 2-Sun, Aug 4

Depart 4 pm Fri/ Return approx. 2 pm Sun  
Kaspian Campground, North Lake Tahoe, Cost: \$ 25/person, \$20/Liberty Customers - A weekend camping trip to the beautiful North Lake Tahoe Kaspian Campground. You are invited to join us for kayak and/or SUP lessons, cooking and camping skills while still having time to venture out on your own to enjoy the many area hiking trails. Space is limited, your spot is reserved once payment is received at Community Recreation Center, Bldg. 308.

#### DIY Vacation Class (Monterey)

Wed, Aug 7, 5-6 pm, Free.

Discover Monterey as you have never seen it before. This class will highlight the Summer Reading Program as well talking about elements from the book Grapes of Wrath. Sign up ahead of time at the Community Recreation Center.



#### Summer Reading Program Movie Trivia

Thu, Aug 8, 4-6 pm

Community Recreation Center, Free.

During our Summer Reading Program, we compiled a list of books that became movies. Based on these chosen books, we will play a fun movie trivia game, and watch the most popular movie chosen by our customers.

#### Back to School Pool Bash and Dive-In Movie

Sat, Aug 10, 4-6 pm

Desert Springs Pool, Free.

Bring the whole family for a fun filled day at the pool. There will be a giant water slide, free food, and lots of swimming time while watching a fun summer movie.



#### Night Hike at Fort Churchill

Sun, Aug 25,  
Depart 6 pm,  
Return by  
approx. 10 pm

Community Recreation Center  
\$5 transportation fee. \$5 admission at the park. Sign up by 8/23, 4 pm. Join Ranger Tom for a nocturnal experience at Fort Churchill. Explore the world of owls, bats, coyotes, and other critters that make the most of the park after dark. Quiet activities and an interactive nature walk will test your night vision and challenge your senses. Bring water, comfortable closed-toe shoes, and a flashlight. This hike is about 1.5 miles long and crosses sandy and uneven terrain. Program is intended for adults and children ten years of age or older. Space is limited.

#### Karaoke Night

Thu, Sep 12, 6-8 pm, Free

Flightline Recreation Center, Bldg. 303

Show your talents by singing your heart out with your friends.

#### Paint & Sip

Wed, Sep 18, 5-7 pm

Flightline Recreation Center, Bldg. 303

\$15 per person, open to ages 21+.

Enjoy a relaxing night painting an instructor led picture you can take home! Sign up at the Community Recreation Center by 9/16. Space is limited.

#### Superhero Brunch

Sat, Sep 21, 10 am-12 pm

Silver State Club, \$15 per person, children 3 and under are free.

Enjoy a meal with your favorite characters such as Superman, Captain America, Wonder Woman, and many more. Get tips and tricks on how to be stronger by testing your ability on our Superhero Obstacle Course. Sign up at the community Recreation Center by 9/16. Space is limited.

#### Axe Throwing Trip

Sun, Sep 22, 10 am-5 pm

Depart from Community Recreation Center, Bldg. 308, Free transportation.

Join MWR on an adventure to practice our axe throwing skills. Who will be the top marksman of the group?

Call 775-426-2836 for Axe Throwing Facility pricing. Space is limited.



## Community Recreation Tickets & Travel

775-426-2275 • Bldg 308 (Located inside Community Recreation Center)  
Mon-Fri 10 am-4:30 pm  
Sat-Sun & Holidays Closed

The Community Recreation Center Tickets & Travel office is your local resource center for attractions and information.

We have a large variety of available discount tickets to popular dynamic destinations in California such as Disneyland, Knott's Berry Farm, Sea World, Monterey Bay Aquarium, among others. We plan exciting day trips to local destinations, including Apple Hill, Nevada City, Reno, Yosemite, Burney Falls and more.

If you can't visit us, we accept ticket orders via email, payable with a credit card. Orders are sent out next day delivery for a nominal charge. Call the Ticket Office for more information on mail orders.

Come on in to get last minute gift ideas such as Century Theater tickets are \$8.25 and are not show or date specific; and See's Candy (where else can you get one pound of See's Candy for just \$14.75?).

## Coyote Junction RV Park

1-877-NAVY-BED

The RV Park is a full-service facility offering electric, sewer and water hook-ups and Wi-Fi at each site. There is also a courtesy station with showers on the premises. Spaces are available for rent on a daily, weekly, or monthly basis. The RV Park is available to all military and their immediate families, DoD civilians and base contractors. Customers can book 30 days in advance. Length of stay can be no longer than 30 days. You may now book a reservation by calling 1-877-NAVY-BED, or online at [www.dodlodging.net](http://www.dodlodging.net).



## Liberty Program

**Bldg 308 • 775-426-2836**  
Mon-Fri 10 am-7 pm  
Sat/Sun 11 am-7 pm  
Holidays 1-7 pm

The Liberty Program is designed as a free/reduced cost program of recreational activities for single or unaccompanied (E1-E6 or equivalent) active duty service members. Adventure quests include many trips to ski resorts, shopping centers, movie theaters, Sacramento, tubing, river rafting, and more. Activities on base include Monster Mash, Barracks Bash, movie nights, cooking classes, karaoke, Get Rec'd Group, and tournaments, such as 8-Ball, paintball, and video games. Visit the Community Recreation Center today to pick up our monthly calendar and sign up for events! All trips depart from the Community Recreation Center, Bldg. 308.

UPCOMING EVENTS:  
*Events are free and open to all Liberty Sailors unless otherwise listed.*

**Reno Aces Game**  
Thu, Jul 4,  
5-11:30 pm  
Community  
Recreation Center  
Free Transportation; \$20  
Tickets - Enjoy America's  
past time followed by an  
Independence Day celebration!



**Day Trip to Squaw Valley**  
Sat, Jul 6, 6 am-6 pm  
Olympic Valley, Lake Tahoe  
Enjoy a beautiful summer day shopping at one of the most iconic mountains in the Country. If conditions are still good, you may also be able to enjoy some Spring Skiing or Snowboarding! Squaw Valley will close the ski runs after this weekend.

**Monthly Pool Tournaments**  
Wed, Jul 10, 5-7 pm  
Tue, Aug 27, 5-7 pm  
Tue, Sep 24, 5-7 pm  
Community Rec Center Bldg. 308  
Put your tricks on display as you compete for the NAS Fallon Pool Shark Trophy!

**Day at Yosemite**  
Sat, Jul 13, 3 am-11:30 pm  
Community Rec Ctr., Bldg. 308  
Come enjoy the EPIC views and mystical water falls of one of the greatest national parks in the world!

**Paintball Tournament**  
Sat, Jul 20, 10 am-2 pm  
Community Rec Ctr., Bldg. 308  
Use your squad tactics to maneuver against the other team and become paintball legends!

**Food Truck**  
Fri, Jul 26 & Fri, Aug 16  
5-11 pm, Community Rec  
Center, Bldg. 308  
Featuring over 20 tempting food trucks! What your ultimate craving? Open to all Liberty sailors

**Wild Island**  
Sun, Jul 28 & Sat, Aug 24  
10 am-8 pm, Community Rec  
Center, Bldg. 308  
Conquer the wet and wild adventures of Wild Island! FREE Transportation - Tickets \$25 at the gate. Open to all Liberty Sailors

**Hot August Nights**  
Sat, Aug 10, 9 am-6 pm  
Departing from the Community  
Rec Center, Bldg. 308  
Open to all Liberty Sailors  
Embrace summer while surrounded by American muscle cars and great music. Bring money for food and souvenirs.

**Truckee Tubing**  
Sat, Aug 17, 9 am-6 pm,  
Depart from the Community  
Rec Center, Bldg. 308, Cost  
TBD - Float, relax and enjoy the scenery as you glide down the Truckee River. FREE Transportation; Open to all Liberty sailors



**Best in the West:  
Nugget Rib Cook-Off**  
Sat, Aug 31, 10 am-7 pm  
Depart from the Community  
Rec Ctr., Bldg. 308  
The Best in the West Nugget Rib Cook-Off is America's biggest barbecue festival. Bring money for food and souvenirs.

**Camel Races**  
Sat, Sep 7, 8:30 am-5:30 pm  
Departing from the  
Community Rec Ctr., Bldg. 308  
Free Transportation: Tickets  
will be purchased at the door.  
You may have seen a drag race, but have you seen a camel race?! Bring your own money for tickets, food and souvenirs. Call 775-426-2836 for entrance pricing.

**Fox Peak Movie Monday**  
Mon, Sep 16, 5:30-8:30 pm  
Fox Peak Movie Theater in  
Town, Free to all Liberty  
Sailors (Limited Space)  
Enjoy an evening at Fox Peak with the Liberty gang and enjoy a free movie of your choice and some free popcorn.

**Sand Mountain and  
Middlegate Burger  
Challenge**  
Sat, Sep 21, 10 am-7 pm  
Depart from Community Rec  
Ctr., Bldg. 308, Free Sand  
board rental from MWR  
Test your skills to conquer sand mountain. If that wasn't enough try to withstand the empire of a sandwich with the Middlegate Burger Challenge. Bring your own money for food.

**Street Vibrations**  
Sat, Sep 28, 10 am-7 pm  
Departing from the  
Community Rec Ctr., Bldg. 308  
Enjoy the end of summer bash with classic cars and custom choppers! Bring your own money for food and souvenirs.

## Child & Youth Programs

Bldg 1001

Main office: 775-426-3808

Mon-Fri 6 am-7 pm. Closed Weekends, federal holidays and any days designated by Executive Order unless noted for extended care hours and events.



CYP Programs are certified by the DoD and are nationally accredited by the National Association for the Education of Young Children and the National Afterschool Association. Our CYP program is affiliated with the Boys and Girls Club of America and is partnered with National 4-H.

REGISTRATION: Use MilitaryChildcare.com to register your youth for Child Youth Programs ages 6 weeks and older. For more information contact Child & Youth Programs at 775-426-3008.

**"Give Parents a Break" Extended Care Hours** - call Child and Youth Programs for current information about Give Parents a Break, including dates, times and fees. Respite forms can be requested from Fleet and Family Service Center or the Base Chaplain.

**CHILD DEVELOPMENT CENTER (CDC)** provides quality child development programs for children 6 weeks-5 years. Contact the CDC for additional information on programing including drop-in care and fees.

**YOUTH ACTIVITIES CENTER**  
Bldg 1003 • 775-426-3777  
Mon-Fri 6 am-6 pm  
Closed weekends, federal holidays and any days designated by executive order.

**School-Age Care Programs** provide

quality before and after-school programs and camps during winter, spring and summer break for children ages 6-12 years. Boys and Girls Club affiliated programs are offered as well as well as 4-H Programming.

**Youth and Teen Programs**  
Open to eligible youth in grades 7-12 or ages 13-18. Hours are 3:30-6 pm Monday through Thursday, and 9 am-6 pm on Fridays, with the third Friday of the month being youth sponsorship night open until 10 pm. Hours change during summer; call to confirm. These programs offer developmental recreation and provide a safe place to learn and grow — all while having fun. Field trips to Reno for shopping and recreation are also included in our program. Computers are available daily for research, homework or to e-mail Mom and Dad.

## School Liaison Officer



**Located in Bldg. 1003 • 775-240-4160**  
Your NAS Fallon School Liaison Officer (SLO) is the central point of contact for K-12 education related issues for Commands, military families and local school districts.

The SLO provides military families with educational services that include:

- School Transition Support (PCS Cycle)
- Deployment Support
- Special Education System Navigation
- Communications: Command, Educator, Community, Parents
- Partnerships in Education
- Home School Support
- Post-Secondary Preparation

Ask your School Liaison Officer about Youth Sponsorship for those in grades 3-12.

### Partners In Education (PIE)

The Partners in Education Program (PIE) establishes mutually beneficial relationships between businesses and schools. Partnership activities and events are aligned with the goals of the school or school district and make a difference in the lives of the students and volunteers. In Fallon, PIE volunteers are needed to help with school events, tutoring, lunch time recess and mentoring. Volunteer positions are available at all schools and for all grades. For information about how to become a PIE volunteer, call 3777 or 240-4160 or send an email to the NAS Fallon School Liaison Officer, FALNSLO@navy.mil.

### Homeschool Fitness

(Summer Break June-August) Homeschool Fitness will resume in September!

## Community Recreation Outdoor Gear Rental Facility

**Gear Rental is located in Bldg. 308 (inside the Community Recreation Center) • 775-426-2836**  
Mon-Fri 10 am-7 pm / Sat-Sun 11 am-7 pm  
Holidays 1-7 pm  
Gear Rental pick up and return hours are Noon-6 pm daily

The Community Recreation Center Outdoor Gear Rental Facility provides rental equipment including camping gear, camp trailers, water and snow skis, bicycles, golf clubs, log splitters and more! Personal storage units are also available. All gear and/or equipment is rented on a first-come/first-serve basis with the exception of big-ticket items like boats, trailers, log splitters, etc. For big-ticket items, military and retirees may reserve up to 45 days in advance. Contractors and DoD employees may reserve up to 30 days in advance.

Going fishing, boating, mountain biking or skiing? How about having a big backyard BBQ for all your friends? We have sleeping bags, ice chests of all sizes, fishing gear, tents, trailers, bikes, helmets and golf clubs too. Come see what we offer! Daily and weekly rates available.

**CALL OF DUTY 4**  
Use your military tactics to evade and eliminate the enemy, to become Fallon's Elite Sailor!  
**Mon, Jul 2**

**MADDEN 19**  
Do you know more than Madden? Prove it!  
**Thu, Jul 18 • Wed, Aug 21**  
**Thu, Sep 19**

**NBA2K**  
"Posterize" your friends and show them who the slam dunk champion is!  
**Wed, Jul 24 • Thu, Aug 15**  
**Wed, Sep 11**

**FIFA**  
Earn your seat in the Grandest stage of them all.... The NAS Fallon CUP!!!!  
**Tue, Aug 6 • Tue, Sep 10**

**LIBERTY VIDEO GAME TOURNAMENTS**  
4-7 pm at the Community Rec Ctr., Bldg. 308

Have you seen our mobile app?

# NavyLifeSW Fallon

Check us out at NAVYLIFEFALLON for Family Activities, Fitness and Sports, Jobs, Places to Eat, Special Events, Recreation and Entertainment ... All in one spot!