SAPR VA TRAINING
Tuesday, April 5, 9-11 am
Open to Credentialed Victim Advocates
Credentialed Victim Advocates must complete 32 hours of refresher training every two years to maintain credentials and receive the latest SAPR program updates.

SPONSORSHIP TRAINING AND CERTIFICATION
Wednesday, April 6, 9 am-12 pm
Pre-registration is required.
Provides incoming personnel with pre-arrival communication, support upon arrival, and relocation assistance to meet the Sailor’s needs. The goal is to facilitate a smooth transition and assimilation into the new command.

RAISING FINANCIALLY FIT KIDS
Thursday, April 7, 2-4 pm
How did you learn about finances? This class will provide you with creative ideas to teach kids about money. Learn how to talk with them and brainstorm ideas that will start your kids off on the right path to being successful adults with good money habits.

STRESS AND ANGER MANAGEMENT WORKSHOP
Friday, April 8, 1-2 pm
Participants will learn the cognitive behavioral approach to anger management by learning how to recognize the warning signs when anger is on the rise and using relaxation strategies and calming techniques for behavioral change.

EFMP FUNDAMENTALS AND SUPPORT GROUP
Friday, April 8, 10-11 am
Enrollment in the Exceptional Family Member Program is mandatory for qualifying members. Families need information as well as support and encouragement so they can help their EFMs. Through educational meetings, along with formal and informal discussions, families can come to the group to share information, fears, hopes, and plans with other families while learning from one another.

TAP (TRANSITION ASSISTANCE PROGRAM)
Monday, April 11, through Wednesday, April 13, 8 am-4 pm
Pre-registration is required.
Learn how to create a successful military to civilian transition plan. This class will provide transition strategies, resources, and a benefits overview. Spouses welcome.
CFS QUARTERLY MEETING
Tuesday, April 12, 2-4 pm
Quarterly training to meet the four elements of the PFM Program (education, counseling, consumer advocacy, and information & referrals)

CFS REFRESHER TRAINING
Wednesday, April 13, 12-4 pm
Pre-registration is required.
CFS must do the refresher course once every 3 years to keep their certification valid. Must attend both day of training to get credit.

TAP 2DAY TRACK: DOL EMPLOYMENT WORKSHOP
Thursday, April 14, through Friday, April 15, 8 am-4 pm
Pre-registration is required.
Provides in-depth training on identifying skills, job searching, resume writing, networking, interview skills, and employment resources. Spouses welcome.

SAPR VA TRAINING
Tuesday, April 19, 9-11 am
Open to Credentialed Victim Advocates
Credentialed Victim Advocates must complete 32 hours of refresher training every two years to maintain credentials and receive the latest SAPR program updates.

INSURANCE AND MAKING THE RIGHT CHOICE FOR YOU
Tuesday, April 19, 2-4 pm
You need insurance. There are no “if’s”, “and’s” or “but’s” about it, but what insurance is right for you? Come and learn what insurances are offered, how to price insurance, what it covers, how much risk you are willing to assume, and how much you need covered by someone else. This may sound like a boring subject, but you may find you how much you didn’t know, and how to better protect yourself and loved ones from life’s upsets.

CONSEP (CAREER OPTIONS & NAVY SKILLS EVALUATION PROGRAM)
Wednesday, April 20, through Thursday, April 21, 8 am-4 pm
Pre-registration is required.
This course enhances mission readiness by giving Sailors the tools to make informed decisions about their educational and career options in the Navy, and their future as civilians.