

DECEMBER 2023

FFSC WORKSHOPS & CLASSES

Classes held at The Fleet & Family Support Center, BLDG 309 Unless otherwise noted.
Call 775-426-3333 to register or for more information. Virtual programming can be found at navylifesw.com/at-home.



DECODING YOUR BABY'S LANGUAGE: SIGN LANGUAGE FOR FAMILIES

**Session 1: Friday, December 1,
9-10:30 am**

**Session 2: Friday, December 8,
9-10:30 am**

**Session 3: Friday, December 15,
9-10:30 am**

Pre-registration is required. Do you feel frustrated not knowing what your infant is trying to communicate to you? Do you know when your baby is hungry, tired or "all done?"

In this 10 part series, you will learn the most common signs to help build communication between your little and their family. From I'm hungry to thank you, sign language can assist your baby in communicating their wants and needs! Sign language is the skill you and your family never knew you needed. Join us to build your knowledge of basic signs!



ROAD MAP TO HEALTHY RELATIONSHIPS

Monday, December 4, 2-3 pm

Monday, December 18, 2-3 pm

Join us for an interactive discussion, with bi monthly topics, that will help you identify the signs of a healthy relationship. Using the One Love curriculum, we will evaluate and learn how to spot unhealthy relationship warning signs and discover how to steer your course in the opposite direction by exploring healthy boundaries and other concepts.

CONSUMER AWARENESS

Tuesday, December 5, 2-4 pm

Learn how to become an educated consumer! Topics include tips about comparison shopping, ending impulse shopping, and what to do if you experience identity theft.



NUTS AND BOLTS OF EFMP

Thursday, December 7, 9-11 am

Enrollment in the Exceptional Family Member Program is mandatory for qualifying members. Come out and learn about the program.

TAP (TRANSITION ASSISTANCE PROGRAM)

**Monday, December 11 through
Wednesday, December 13,
7:30 am - 4 pm**

Pre-registration is required. Learn how to create a successful military to civilian transition plan. This class will provide transition strategies, resources, and a benefits overview. **Spouses welcome.**

DECEMBER 2023

FFSC WORKSHOPS & CLASSES

Classes held at The Fleet & Family Support Center, BLDG 309 Unless otherwise noted.
Call 775-426-3333 to register or for more Information. Virtual programming can be found at navylifesw.com/at-home.



SPONSORSHIP TRAINING AND CERTIFICATION

**Wednesday, December 13,
9 am-12 pm**

Pre-registration is required.

Provides incoming personnel with pre-arrival communication, support upon arrival, and relocation assistance to meet the Sailor's needs. The goal is to facilitate a smooth transition and assimilation into the new command.



LUNCH N' LEARN

**Thursday, December 14 and Friday,
December 15, 12-1 pm**

Join us to hear from various employers about their companies and the different career opportunities they have available! Open to everyone with base access. No registration required. Lunch being provided is dependent on employer. Please check our Facebook page or give us a call to hear about the specific employers for this month!



CAR BUYING

Wednesday, December 20, 2-4 pm

Develop the knowledge and skills to thoroughly research a car purchase or lease. Learn how to ask the right questions and how to use negotiation techniques.

TAP 2DAY TRACK - DOL EMPLOYMENT WORKSHOP

**Thursday, December 14 through
Friday, December 15, 8 am-4 pm**

Pre-registration is required. Provides in-depth training on identifying skills, job searching, resume writing, networking, interview skills, and employment resources. **Spouses welcome.**

TAP 2DAY TRACK - AHE: ACCESSING HIGHER EDUCATION WORKSHOP

**Monday, December 18 through
Tuesday, December 19, 8 am-4 pm**

Pre-registration is required.

Learn how to compare colleges and degree programs, review a college application, and examine funding - including, the GI Bill and the Free Application for Federal Student Aid (FAFSA) program.

